



Project Ideas

for Youth to Consider

PARENT/COMMUNITY EDUCATION & INVOLVEMENT

Parent-Student Driving Safety Program

➤ **Presentations and intergenerational discussion focusing on:**

- Graduated Driver License requirements, rules, and information.
- Drinking/Driving issues, discussions, contracts, etc.
- Traffic safety awareness, information, drinking & driving issues, seat belts, etc.
- Mini-Grant could fund speakers, materials, food

Helping parents promote a drug-free lifestyle, understand risk behaviors and set guidelines.

- Panel discussions.
- Panel discussion with dinner.
- Straight talk: parent-to-parent, youth-to-adult, and adult-to-youth.
- Develop parent networks.
- Discuss issues at around-the-table dinners.
- Mini-grant could pay for speakers, materials, visual aids, food.

Monthly or quarterly family and community prevention activities.

- Red-ribbon distribution for community.
- Students write prevention puppet show; give for parents.
- Store window displays.
- Booth at County Fair/State School Board Convention.
- Health Fair.
- ATOD Prevention Family Carnival.
- Interview community people who are good role models for healthy living.
- Mini-grant could fund materials, visual aids, transportation, ribbons, printing, food.

CROSS-AGE PEER EDUCATORS

Research shows teens who deliver a prevention message to younger students have a powerful influence.

Some suggested topics:

- Impact of alcohol, tobacco and other drugs on individual, families, society.
- Impact of alcohol and other drugs on violent behavior, accidents.
- Information on traffic safety – including drinking & driving issues
- Anti-smoking information.
- Conflict Resolution.
- Refusal skills.
- Positive attitudes and self-esteem as related to risk prevention.
- HIV/AIDS.

Some ways to deliver the message:

- Puppet shows.
- Plays/Skits.
- Role plays.
- Musicals.
- Small group discussion:
- Art: t-shirt design, quilt squares, prevention theme murals.
- After-School rap sessions.
- Students arrange for speaker and follow-up by leading small group discussions.
- Mentoring.
- Mini-grants can be written to fund training for high school or middle school students, materials, costumes, puppets, printing, food, transportation .



Cross-age peer educator programs need to have:

- An ATOD Prevention focus, connection, or show clear relationship to be funded as mini-grant.
- Youth involvement.
- Training for presenters.
- A presentation that is clearly understood, motivational and age-appropriate for audience.
- Small-group discussion, activity or practice of skills.
- Evaluation and follow-up.

SCHOOL/COMMUNITY/YOUTH AWARENESS & INFORMATION PROGRAMS

- Prevention PSAs (Public Service Announcements).
- Prevention placemat contest; placemats in restaurants.
- Prevention billboards along with design contest.
- Prevention video on local cable channel.
- Inhalant information for students and parents.
- Internet HomePage with new information and slogan each month.
- Driving Issue Guides to educate parents about setting rules/contracts for teen driving.
- Newsletters; Youth Yellow Pages.
- Awareness Week before Prom: Make tiled tables for cafeteria, targeting teen pregnancy, alcohol and driving, lung cancer, HIV/AIDS. Students meet with someone affected, design tile for tables to address issue.
- Traffic Safety Awareness Campaigns: Seat belt use, Drinking/Driving, Bicycle safety, Etc.



Alcohol Traffic Safety

- SADD – Students Against Destructive Decisions (or MADD)
- Help pay for students to attend SADD conference in November
- Purchase prevention resource materials (such as CD-Roms and Videos) targeting underage drinking
- Peer education around underage drinking/driving prevention
- Develop and establish local alcohol traffic safety prevention website
- Project to create/develop skits with drinking/driving prevention, safety belt incentive messages, etc.

Important Things To Remember

- Don't spend all of your money on food and prizes.
- These are student-led projects. Students should be involved from the very start (i.e. planning and writing the grant)
- Planning a series of activities can be more effective than a one-time event.
- DPI student mini-grants must have ATODA Prevention connection to be funded.